

First Church in Ipswich
Youth Groups Retreat
to Jackson New Hampshire
To our Sister Church, Jackson Community
Church



JOIN US AS WE RETREAT TO THE MOUNTAINS IN JACKSON NH, FOR SKIING, SLEDDING, SERVICE, GAMES, AND PRAYER.

Friday, March 1 – Sunday, March 3, 2019

Key Dates:

As soon as possible: Sign up for this trip, which we expect to be over-subscribed. We can take the first 15 youth who complete their registrations. Applications can be accepted from kids who are active at First Church through January 31. After that, any youth is welcome to register.

Sunday, February 10, Join us for an organizational meeting to plan food, games, and packing lists, after church.

Friday, March 1: We will depart Ipswich at 7:00 pm, arriving at Jackson NH, at 9:30 pm, where we will meet Gail and Chris Doktor, members of First Church, and leaders of the Jackson Community Church.

We will share a snack and rest, bunking together in the Sunday School, boys on one side and girls on the other. Saturday, we will sled, ski and skate if we can, sing, and work on our chicken hatchery fundraiser, and plan ashes and fires and metanoia for Ash Wednesday. We will worship with the Jackson church on Sunday, offering them a song or a prayer or some other liturgical contribution, as we think is best, and return Sunday afternoon.

Logistics? We will sleep in the Jackson NH, UCC, Church, bringing our own food and preparing it together, and unrolling sleeping bags on the church floor. We will designate boys' and girls' sleeping areas.

Support? Our fabulous staff includes Rebecca Pugh, Chris Dorman, Alex Edwards, and one additional chaperone who we will invite to the retreat to come enjoy it. In case of an emergency, you can reach us on our cell phones: Rebecca: 978-412-5204; Chris: 857-507-1944.

Who can go? Youth who are in grades 6 – 12 are welcome to participate. We can take 15 youth, and we can also invite one to two younger siblings who might like to join in and learn about youth programs at First Church, by the invitation of the older sibling who is a member of the youth group.

Organizational Meeting: We will have an organizational meeting at 11:30 am on Sunday, February 10.

Deadline: February 1, for submitting all five things together to Carmen at First Church.

- a. The cost of the trip \$25 checks payable to “First Church in Ipswich”**
- b. the First Church permission slip /release form**
- c. the signed group contract**
- d. a preliminary offering for the food contribution to the community (We will finalize this and nail this down at our *meeting on the 23rd*).**
- e. a photocopy of your health insurance**

Contract? By popular demand, we now have a group contract, which helps the group participants plan for the way that we can choose to live as a community.

What will we Eat? We will bring our food in coolers and enjoy delicious meals together.

Packing List?

Please pack a sleeping bag, a small pillow, towel, flashlight, and toiletries.

Please pack an empty water bottle with your name on it for refilling.

Please pack comfortable modest sleeping clothing, a towel, and soap.

Please pack rain gear: clothing that remains warm when wet: either wool, or other modern fabric, suitable for playing outdoors all day in in the mountains.

Please pack several small gifts for your Ipswich “secret friend”, to whom you will be assigned at the beginning of the weekend, and a modest gift for a Jackson friend you might meet there.

Please pack a few games you would like to share.

Please pack a guitar or other instrument to share music with in the evening.

Please pack sturdy hiking shoes (Please ask youth leaders if you need help with hiking shoes as we have extras in various sizes)

Please pack a permanent mug, permanent fork, knife, and spoon, and a cloth napkin or bandana wrapped around them, for your personal silverware for the weekend. This way we will not have so much dish washing, and we will save on plastic and paper.

Stay tuned for logistics about snow equipment packing.

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**First Church in Ipswich
One Meetinghouse Green, Ipswich, MA 01938**

978-356-2211

e-mail: firstuccipswich@aol.com

Jackson Retreat

Permission Slip for Participants and parents to Sign

Name: _____

Address: _____

Home Phone: _____ Youth cell phone: _____

Parents' cell phone: _____ E-mail: _____

Emergency contact: _____

Medications: _____ Allergies: _____

If you are comfortable with the youth chaperones administering some or all of these medicines, circle them. If you are not comfortable, cross them all out.

--- aspirin --- ibuprofen --- Tylenol --- homeopathic remedies --- Metamucil
--- cough drops --- Benadryl--- cough medicine

A photocopy of your Insurance card Co./I.D., taped to the back of this document:

Any other concerns:

My child has my permission to participate in the youth activity of First Church in Ipswich. In the event of an emergency, and I cannot be contacted, I give my permission to the adult leader in charge to seek emergency medical treatment for my child.

My child Has or Does Not have permission to be photographed and posted in church displays or on the First Church website. (*please circle your choice*)

I also agree to not hold First Church in Ipswich, or its employees, and/or adult volunteers, responsible for any injury sustained while on the church property or during this adventure trip.

I have read the above statement, and my signature implies agreement and consent.

Youth Signature: _____ Parent Signature: _____

Date: _____

FIRST CHURCH YOUTH GROUP CONTRACT
MUST BE READ AND SIGNED BY STUDENT AND PARENT/GUARDIAN

I, _____, understand that I will be representing my church, my family, and myself on this church trip. I further understand this trip is a privilege and, as such, I will conduct myself maturely, responsibly, and in a safe manner. This means that:

1. I promise not to engage in behaviors that put me or my group at risk, including but not limited to breaking curfew, bullying, lying, stealing, lighting fires, experimenting with drugs, tobacco, alcohol, or weapons. Penalties for engagement in these prohibited behaviors will include expulsion and possible loss of privilege to go on further trips. This means that I may be immediately suspended from all trip activities and may be sent home at my or my family's personal expense.
 - 1a. I will refrain from all public displays of affection, realizing that this sometimes makes people feel left out and poses a strain on group dynamics, and I commit to abstaining from intimate contact.
 - 1b We have a no cell-phone, no laptop, no i-pod policy.
2. I understand that what the chaperone says goes and I will abide by what he/she says at all times.
3. I will be with at least one other youth group member at all times. Unless structured otherwise, I will remain with the group and follow the scheduled activities.
4. I will abide by church curfews (though they may be earlier than the times with which I am familiar).
5. I will alert an adult immediately if I am feeling sick or having a serious problem of **any** kind.
6. I will be respectful of other people's property. I understand I am responsible for any damage I do to property during this trip, whether it is accidental or not.

The purpose of these "rules" is to assure the enjoyment and safety of ALL participants. I understand that my failure to comply will result in a phone call home, possible dismissal from certain activities, and/or removal from the entire trip.

Participant signature: _____

Parent's/Guardian signature: _____

Date: _____ Tel. # _____

Please feel free to make a copy of this for your records and return to the church by February 1, 2019.

First Church in Ipswich Winter Hiking Retreat

Jackson NH March 1-3, 2019



Contribution list

Please call Carmen , 356-2211, or email to firstuccipswich@gmail.com Monday through Friday mornings, to sign up for food contributions, or come to the organizational meeting on February 10.

Food Contributions:

- ___ Snacks for the trail: Healthy, non-perishable energy snacks, for 19 people
- ___ Lunch Supplies: peanut butter, fluff and jelly, mustard—smallest possible containers—and bread for sixty sandwiches, including gluten free, and sandwich bags
- ___ Lunch: cheese, cold cuts, vegetables for 30 sandwiches
- ___ Main course for Supper for 19 for Saturday night
- ___ Two low-mess breakfasts for 19 people
- ___ Salad for 19, packed in a cooler
- ___ Coffee, tea, sugar, for two breakfasts, and orange juice, cider, milk, and lemonade packed in coolers
- ___ durable fruits for 19 people, for 2 days
- ___ desserts for 2 lunches
- ___ dessert for Saturday Supper
- ___ car snacks for the way down (non-sugary is best)
- ___ Cleaning supplies, packed in a bucket:2 sponges, scrub brush for dishes, dish soap, Clorox wipes, toilet cleaner, scrub brush for toilets, paper towels, dish towels, toilet paper and trash bags.